

#5 CLEANSER CAPSULES

Each bottle of 60 #5 Cleanser Caps contains the following five Cleansing/Detox herbs:

CASCARA SAGRADA BARK

Cascara Sagrada also known as “Sacred Bark” is considered to be the safest and most effective mild, natural, herbal laxative available, gentle enough for children and the elderly and has been used for over 100 years. The bark is rich in hormone-like oil, which effectively promotes the peristaltic action (pushing out of waste material) in the lower intestinal tract.

Cascara Sagrada tones and strengthens the bowels while it helps to restore normal function. This benefit continues when the herb is discontinued. It is not habit forming. The chemical components of Cascara also stimulate the organs of the digestive tract including the gallbladder, pancreas and stomach resulting in increased digestive fluids.

Anything that helps the colon from clogging or slowing also helps prevent the onset of several diseases and disorders, detoxing is the best healthcare secret.

APPLE PECTIN (an apple a day, keeps the doctors away...)

Apple Pectin emulsifies fats and cleanses the intestinal tract, even unwanted metals and toxins, with its soluble and insoluble fibers, helping to maintain an intestinal balance. Adding Apple Pectin is also an excellent way to help lower cholesterol and other unhealthy lipids in the blood stream promoting cardiovascular health.

ALOE VERA LEAF POWDER

Natural Aloe Vera works gently within the intestinal tract to help break down food residues that have become impacted (it’s the intestinal and colon folds you want to keep healthy) and it also helps clean out the bowel. When the bowel is cleaned out, it greatly reduces bloating and discomfort, which only leads to more attacks of irritable bowel syndrome.

FLAX SEED OIL POWDER

Studies show Flax seed oil is beneficial in healing the inner lining of inflamed intestines and has many other benefits including lowering total cholesterol and LDL cholesterol, blood triglycerides and blood pressure.

MILK THISTLE

Milk Thistle is the most researched and understood of all medicinal herbs. Studies have confirmed the most significant property is its ability to protect and rejuvenate the liver. Milk Thistle is especially beneficial if you eat fatty foods, drink alcohol, smoke, live around smoke or any pollution, are overweight, take prescriptions or over the counter medications, have problems with digestion or have problems with cholesterol. Protect your liver for later!

Recommended to take 1 – 3 capsules after a meal or for best results before retiring at night for one week each month for healthful cleansing of the liver, intestines and colon, adjust according to bowel movements and add a fiber supplement for loose stools.