REVERSE THE AGING PROCESS WITHOUT ANY DIET OR EXERCISE!

Medical science has discovered that we lose bicarbonate in our blood as we age, especially after age 45, which is the average age when symptoms of diabetes, arthritis, hypertension, osteoporosis, cancer, etc, start to appear. Bicarbonate keeps our blood alkaline which neutralizes acid resulting in the elimination of acidic waste in the body.

Cancer cells are acidic while healthy cells are alkaline.

The reduction of bicarbonate limits the blood to manage the acid waste produced by cells. This acid waste turns into solid acids such as cholesterol, fatty acid, uric acid, kidney stones, sulfate, urate, etc. Also calcium can get robbed from the bones to combat such poisonous acids as uric acid, phosphoric acid, sulfuric acid, etc to form urate, phosphate, sulfate, etc. Alkaline water has smaller molecules that permeate the cellular walls.

If we find ways to replenish bicarbonate, like charging a battery, we don't age!

Only 2% of our foods are alkaline and acid minerals, such as potassium, sodium, calcium, magnesium, iron, sulfur, chlorine, iodine, etc., the other 98% is made of carbon, nitrogen, hydrogen and oxygen. These 4 elements, known as the energy-giving elements of foods, become acidic waste once "used up". Since 98% of our foods produce acidic waste, we are fighting a losing battle to neutralize acidic waste in our diets. We simply cannot fight the acidic battle with diet alone. None of the diets today, vegetarian, raw food, low-carb diets, etc. add bicarbonates to the blood. Alkaline water gets alkaline minerals directly in!

Ingesting sodium bicarbonate (baking powder) does not add bicarbonates to the blood! The stomach acid, hydrochloric acid, breaks up sodium bicarbonate into water, carbon dioxide and sodium salt so it is exactly like ingesting carbonic acid and sodium salt.

We are born with highly alkaline elements in our body and lose this healthy environment with our diets (soft drinks and energy drinks are the worst!), stressful daily routines, depression, medications, smoking, drinking and polluted environments. We cannot stop the eventual decline of bicarbonate in the blood but we can delay the decline.

To replenish bicarbonate to the blood: Drink ALKALINE WATER!

Simply put, when you drink Alkaline water, the pH of the stomach goes up too high which induces the stomach to produce more hydrochloric acid and sodium bicarbonates. So hydrochloric acid enters the stomach and sodium bicarbonates enter the bloodstream.

A + B = C basically, the more Alkaline water you drink, the more hydrochloric acid is produced, then the more bicarbonates enter the bloodstream. And it really works! Most American doctors believe stomach acid will destroy alkalinity, how wrong they are!

Many symptoms that doctors cannot find a cause for are commonly caused by excess acid in the body. There are so many cases of people reporting improvements of fibromyalgia, migraines, depression autism, obesity, fatigue, diabetes, neuropathy, arthritis, gout, cancer, insomnia, and the list goes on and on. Alkaline water ionizers were developed in Japan over half a century ago and there is plenty of documented clinical evidence, they really work! Why wait any longer, begin drinking Alkaline water today!