BARLEYGRASS ENZYMES PLUS

Barley Grass was one of the first grains cultivated for food and medicinal purposes as early as 7000 BC and was one of the first crops planted in Virginia in 1611. There was a reason it was brought to America!

Nova's organic BARLEYGRASS ENZYMES PLUS offers so many benefits:

- Helps reduces inflammation and pain.
- Acts as a powerful antioxidant to rid toxic free radicals, the primary culprit in aging & getting sick.
- High in organic sodium which dissolves calcium deposited on the joints, a great help for arthritis!
- Aids digestion by improving the production of hydrochloric acid in the stomach.
- Believed to contain up to 1,000 enzymes that regulate the body, without them our cells could not function and we would perish! Enzymes are far and few in the American processed food diet.
- Contains **probiotic digestive enzymes** for proper digestion in the intestines of fats, proteins, carbohydrates, and aids in optimal nutrient absorption and cell wall restoration.

Users have found this product useful as an aid in weight loss, healing of ulcers, correcting blood sugar problems, migraine headaches, asthma, arthritis, fatigue, and all gastro-intestinal disorders.

Organic barley grass is also credited with helping heart disease, blood clots, diabetes and cancer. Cancer cells have a protein starchy coating that fools the immune system, BARLEYGRASS ENZYMES PLUS break down this coating so the immune system can begin to attack them. Also in June 2006 the FDA finalized a rule allowing foods containing barley to claim they *reduce* the risk of coronary heart disease.

Think of a dirty fish tank, let the Barleygrass Enzymes PLUS clean your body!

Barleygrass contains an abundance of chlorophyll (green pigment) which helps increase the number of red blood cells (RBC) and thus the *body's ability to use oxygen*. Blood is our life force and a RBC typically lives for 120 days. Chlorophyll is also a natural detoxifier and rids the intestines of stored toxins. It is present in all dark green, leafy vegetables. The question is "How many servings of spinach, collards, kale, mustard greens, turnips and/or beet tops do you eat every day?" Some eat noneever!

Three capsules replace 3 – 4 servings of a dark green leafy vegetable. For best results, take an hour prior to a meal so the body can fully metabolize them without competing with other foods. It also helps curb appetite and boost energy. Drinking lots of water is recommended to reap the optimum nutritional benefits and adding extra fiber is recommended for loose stools. And watch your Ph level go up!

Without enzymes, even nutritious foods would not be absorbed!

Digestive Pancreatic Enzymes, friendly bacteria to help with the optimal absorption of nutrients:

Protease enzymes digest proteins and help with blood circulation and those with food allergies. <u>Amylase enzymes</u> digest carbohydrates, starches, and sugars which would otherwise turn into fat. <u>Lipase enzymes</u> are responsible for breaking down lipids, (fats), in particular *triglycerides*. C<u>ellulose enzymes</u> digest cellulose fiber which are important for the structure of cell membranes.

Enzymes are lacking in our "supermarket" diets, processed and cooked foods contain NO ENZYMES. Other issues such as stress, medication use, aging, changes in schedule and travel can disrupt your natural balance of good bacteria. **70% of your body's immune function is in the intestines!**

Ensure your intestinal tract is healthy with BARLEYGRASS ENZYMES PLUS and feel the difference in your digestion, energy, alkalinity and overall health!

Testimonies: The swelling in my ankle went away in ONE day! I'm using the Barleygrass Enzymes PLUS instead of my stomach medications!