

STARPACK HERB GLOSSARY

Alfalfa: has been employed as an herbal medicine for at least 1500 years and is known as the “great healer”. Alfalfa has been helpful in treating stomach ailments, gas pains, and ulcerous conditions. The most promising value is in the area of cholesterol control.

Astaxanthin: Part of the carotenoid family and known as an “Alpha Antioxidant” due to its powerful strength in ridding the body of free radicals that are responsible for the aging process. Has a positive effect on mitochondria that produce most of the body’s energy.

Bee Pollen: Has been found to rejuvenate the body, stimulate organs and glands, increase energy levels and enhance vitality.

Dill Seed: It is said to benefit the spleen, kidney, and stomach and is mainly used in treating gastrointestinal problems.

Fennel Seed: Helpful in protecting the liver from toxins, and has a slight pain reducing potential in menstrual cramps. It is most popular as an anti-flatulent.

Gotu Kola: Known as the “memory herb”, it stimulates circulation to the brain and is considered to be one of the best nerve tonics!

Hawthorne Berry: Good for people under stress. It has been shown useful in treating high and low blood pressure. It is highly regarded for its benefits to the heart and has been used to strengthen and regulate it. Found in most European vitamins supplements.

Hyssop: Has been shown to be valuable for asthma, an excellent blood regulator, an aid for digestion and a good remedy for any eye trouble.

Licorice Root, Papaya Leaf, Peppermint Leaf, Betaine, Glutamic Acid: Digestive problems comprise the #1 health problem in N. America, these herbs are very helpful for better digestion and natural weight control! Betaine and Glutamic Acid are two stomachs acids you cannot get extra from foods but we need extra to digest vitamins & processed foods.

Myrrh Gum: One of the precious spices brought to Jesus by the Wise Men! It has been shown helpful in cleaning the colon and digestive system and lowering bad cholesterol.

Shave Grass: Recently, it has been studied for its possible usefulness in treating arthritis, osteoporosis, and other conditions of bones and cartilage. Has a very high silica content, good for fingernails and hair, especially split ends. Expels parasites & kills parasite eggs.

Siberian Ginseng: The Chinese have been using ginseng for approximately 5,000 yrs! It is well accepted that ginseng is a stimulant of both mental and physical energy. Its reputed benefits include cures for impotence, high and low blood pressure, anemia, arthritis, indigestion, insomnia, fatigue, hypoglycemia, poor circulation and nutrient assimilation.

Valerian: Nature's natural valium! Helpful for the entire circulatory system and can also help relieve stress, anxiety and nervousness.

The **STARPACKS** are Ph balanced and contain 14 herbs for organ and digestion support, chelated minerals, timed released B & C vitamins PLUS biologically active nucleotides RNA & DNA, PLUS powerful antioxidants including Astaxanthin. **AND NO ASCORBIC ACID OR CALCIUM CARBONATE!** The Starpacks were formulated by Dr. Bernard Jensen DC PhD, who felt the #1 health problem in America is our digestion, see why customers have used them for almost 40 years!

The **STARPACKS** are Ph balanced and contain 14 herbs for organ and digestion support, chelated minerals, timed released B & C vitamins PLUS biologically active nucleotides RNA & DNA, PLUS powerful antioxidants including Astaxanthin. **AND NO ASCORBIC ACID OR CALCIUM CARBONATE!** The Starpacks were formulated by Dr. Bernard Jensen DC PhD, who felt the #1 health problem in America is our digestion, see why customers have used them for almost 40 years!

***Side effects from using the Nova products
may include, but not limited to the following:***

**Weight loss, increased energy, vitality and/or libido,
appetite suppressant, better feeling of self, positive
mood, clearer complexion, desiring healthier foods,
smiling more, sleeping better, thicker hair and nails,
lower blood pressure, doing more in life
and better overall health and longevity. 😊**

This document has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.